



WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Mac 'N' Cheese WHEAT, MUSTARD & MILK	Chinese Style Sticky Chicken SOY	Homemade Pork & Apple Sausage Roll WHEAT & EGG	Spaghetti Bolognese WHEAT	Panko Crumbed Fresh Fish of the Day with Potato Wedges FISH & WHEAT
MAIN (OPTION 2)	Red Pepper Frittata EGG & MILK	Pineapple Fried Rice SOY & EGG	Greek Style Feta & Spinach Pastry Bake MILK & WHEAT	Vegetable Fajitas WHEAT	Crispy Carrot & Courgette Fritters with Potato Wedges WHEAT & EGGS
SIDES Where main includes, portion will be offered as optional extra	Garlic & Herb Flatbread Crispy Onions WHEAT & MILK	Noodles Homemade Bread WHEAT & EGG	Vegetable Cous Cous Cool Yoghurt Dip Homemade Bread WHEAT & MILK	Homemade Bread Cous Cous WHEAT & MILK	Cool Yoghurt Dip Pickles MILK, BARLEY & SULPHITES
VEGETABLES	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar
EXTRAS	Fresh Fruit Platter Daily Yoghurt with Honey or Fruit Compote Available Daily Desert Containing 50% Fruit or Vegetables Available Twice A Week				

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available



WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Summer Veg Pasta WHEAT & MILK	Beef Burritos WHEAT	Margherita Pizza WHEAT & MILK	Jacket Potato	Chicken Schwarma Kebab with Potato Wedges
MAIN (OPTION 2)	Cheesy Parmesan & Pesto Swirls WHEAT, MILK & SULPHITES	Sweet Potato & Mixed Bean Tacos	Tomato & Mozzarella Orzo Pasta WHEAT & MILK	Roasted Veg Lasagne WHEAT & MILK	Homemade Bean Burgers with Potato Wedges WHEAT
SIDES Where main includes, portion will be offered as optional extra	Homemade Bread WHEAT & MILK	Steamed Rice Red Onion Pickle SULPHITES	Pesto Pasta Garlic & Herb New Potatoes MILK, WHEAT & SULPHITES	Tuna / Sardines Baked Beans Homemade Bread WHEAT, MILK, FISH & EGG	Homemade Flatbread Veg Pepper Cous Cous Spiced Yoghurt Dip WHEAT & MILK
VEGETABLES	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad
EXTRAS	Fresh Fruit Platter Daily Greek Yoghurt with Honey or Fruit Compote Daily Desert Containing 50% Fruit or Vegetables Available Twice A Week				

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available